

## Why We Love LCPC Parent Education...

*Board Members Share the Impact the Program Has Made on Their Lives*

*"I feel that this program and the beautiful people in it have touched my life and have moved me closer to the person I have always wanted to be." Carmen Del Castillo, La Canada*

*"Parent Education is my once a week pick-me up! It has provided emotional support, spiritual support, and endless amounts of useful child-rearing information." Teresa Dilbeck, Altadena*

*"If parenting had a handbook, LCPC Parent Education would be it! From the support and fellowship to guidance and nurturing, the parent education experience has made me a better parent." Jennifer Stanton, Glendale*

*"LCPC Parent Ed. has provided not just a place for our children to grow, but a place for me to grow as a mother and a woman." Kim Murphy, Pasadena*

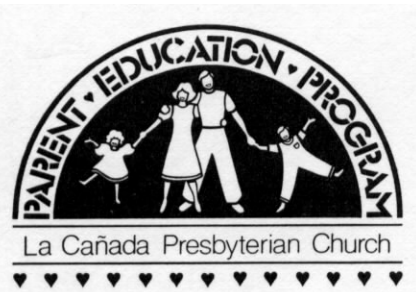


Board 2008-2009

Photo by George Lutes

Top Row: Melissa Symington, Christina Doerfler, Anne Bierling (Director), Lynne Graves (Board Chair), Claire Hart, Katie Mountain, Mikki Weightman.

Bottom Row: Melissa Lorenz, Kim Murphy, Katrina Garcia-Ozuna, Carmen Del Castillo, Jennifer Stanton, Kimberly Crawley, Ginger Wilson.



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## La Cañada Presbyterian Church Parent Education Program

Annual Registration Newsletter  
2009-2010

**Parent Education Classes  
NOW ENROLLING FOR  
2ND SEMESTER CLASSES 2010**  
**Classes for parents of infants through teens!**  
**(818) 790-6758 ext. 205**  
**[Online registration — www.asaponlinereg.com/lacanadapc.](http://www.asaponlinereg.com/lacanadapc)**  
**All of our classes are less than \$12 per class (less than \$6 per hour)!**

### Registration Procedures

- You must register for your own child. If a parent cannot attend registration, the parent may select an adult proxy to register for him/her. The proxy may only register one parent and child at registration at a time.
- A family may participate in only one class per year, unless space permits, after the regular registration period ending July 15, 2009.
- Participants outside the approved class age will be enrolled only if the class has not yet filled, after the regular registration period, and contingent upon teacher and director approval.
- After the registration period is over, available class space will be filled with persons on the waiting list in sequential order. **Once you are contacted from the wait list, you have 48 hours to respond to guarantee your spot. Please leave a cell number or email.**
- See page 2 for the Refund Policy.

### Office Hours

The Parent Education Offices are now located in the bottom floor of the Family Life Center—accessible from the parking lot by stairs or from the main entrance via elevator.

P.E. Assistant Sandy Ravana (Office 108) is available 8:30 am to 3:30 pm Monday through Thursday and 8:30—12 Noon on Fridays.  
(818) 790-6758 ext. 205.

P.E. Director, Anne Bierling (Office 112) is available 8:30 am to 2 pm Monday-Friday at ext. 214. (Hours are reduced during the summer, and the P.E. Dept. observes all school holidays according to the La Canada School District.)

### Tuition & Payment

Payment may be made by cash or check. Tuition assistance and payment schedules are available upon request. Contact the Parent Ed. Director, Anne Bierling, prior to registration if interested.

## Fall 2009 Parent Education Enters New Facilities and Playground!

The LCPC Parent Education Program has been serving families in the surrounding communities for 31 years, and this fall we will enter our new facilities & playground! Our program has something for everyone. Our parent-child classes offer an excellent opportunity to observe children in a group setting. Caring teachers, who are specially trained in child development, lead educational discussions on pertinent parenting issues. Additionally, Parent Only Classes provide vital topics and discussions for pre-k through teenage children. Parent Ed. is a place to ask questions, share experiences, and build friendships.

For children, a Parent Education Class is an opportunity to spend time with their parents and to explore a rich and varied environment with other children their own ages. Teacher assistants work closely with the children in a caring and creative manner, facilitating confidence and comfort during class and discussion times.

## Welcome from The Director

Anne Bierling, MA, MFT

I am delighted to announce that in the Fall of 2009 we will be moving into our brand new playground and facilities! A lot of vision, money, and hard work have gone into the construction of these developmentally appropriate facilities. Please tell your friends and spread the word: the new playground is here!

The staff is also excited about the 2009-2010 school year as we will be offering 15 classes for parents of babies through teens! Our program is unique in that in addition to offering 10 "Parent & Child" Classes, we also offer 4 "Parent Only" Classes for parents of pre-kindergartners, elementary, tween, and teen children.

Our reputable staff includes a parent coach, pediatrician, mom of six, marriage & family therapist, and many former elementary & high school teachers—all who are real moms with real kids!

If you missed registration day, call Sandy at ext. 205 to check class availability ASAP. Also visit our website for any updates. Babysitting for siblings may be offered on certain days.

It is my pleasure to be part of this very special parent education program. Thank you to the Parent Ed. Staff, Advisory Council, Volunteer Board and participants who have contributed to the program's success over the past year. Please contact me anytime with your ideas and feedback: [anne@lacanadapc.org](mailto:anne@lacanadapc.org) or ext. 214.

### THANK YOU 2008-09 Class Reps!

Karen Bristing  
Juliet Cullen  
Lisa Gallaway  
Jennifer Gowen  
Carolyn Holmes  
Emilie Hoyt  
Heather Lenz  
Amy McGrath  
Skye Miller  
Karin Mortellaro  
Carmen Del Castillo  
Julie Olson  
Andrea Shaffer  
Lori Silverman  
Shannon Snaer  
Lora Wagner

## Presenting Our Teaching Staff

**Barb Barber:** Teacher—Infants  
**Nanette Brown:** Teacher—Older Babies, New Babies & Non-Separating Toddlers  
**Cary Horne:** Teacher—Pre-K & Toddlers  
**Christa Peitzman:** Teacher—Mixed-Ages & 3/4's  
**Jan Roberts:** Teacher—Parents of Elementary, "Tweeners" & Parenting Teens  
**Mary Van Amringe:** Teacher—Two year olds  
**Eileen Young:** Teaching Assistant -- Older Babies, New Babies, Toddlers & 3/4's



Staff 2008-2009

Photo by George Lutes

## Refund Policy

All requests for refunds must be in writing and submitted to the Parent Education Administrative Assistant. Postmarks will determine refund category for mailed requests.

### All Fall Semester Classes -

Prior to start date of first class: 100% refund minus registration fee.  
From start date of first class until October 15th: 50% refund minus registration fee.  
After October 15th: No refunds for 1st semester.

### For Spring Babies and Second Semester Classes -

Prior to start date of first class: 100% refund minus registration fee.  
From start date of first class until March 15th: 50% refund minus registration fee.  
After March 15th: No refunds.

## General Class Information

- Cost for each Parent/Child class (32 weeks): \$435 for entire year—\$380 +\$55 non-refundable registration fee.
- If you are enrolling twins or multi-age children in the same class the fee is \$625 for entire year—\$570 (\$285/child) + \$55 non-refundable registration fee.
- Cost for Adult Only Classes—Pre-K & PEK (31 weeks): \$420 for entire year—\$365 + \$55 non-refundable registration fee.
- "Tweeners" & Parenting Teens (28 weeks): \$390 for entire year—\$335 + \$55 non-refundable registration fee.
- All of our classes are less than \$12 per class and \$6 per hour.
- Save \$10 by paying for the entire year when you register, Offer not valid after August 31st.
- You may pay by semester—1st semester: (1/2 tuition cost + \$55 registration fee). 2nd semester: 1/2 tuition cost. Due Jan. 15th, 2010. (Late fee of \$25 charged after Jan. 15th, 2010).
- Please read birth dates carefully so that you will be in the developmentally appropriate class.

## Classes for Parents & Children

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Two's</b> Born from 12/2/06 to 12/1/07 9:00- 11:15 am Mary Van Amringe TA- Kim Murphy	<b>Two's</b> Born from 12/2/06 to 12/1/07 9:00-11:15 am Mary Van Amringe TA- Kim Murphy	<b>Mixed Ages (2-5)</b> Born from 12/2/03 to 12/1/07 9:00-11:30 am Christa Peitzman TA- Beth Shupper	<b>Three/Four's</b> Born from 12/2/04 to 12/1/06 9:00 -11:30 am Christa Peitzman TA—Eileen Young
<b>Toddlers</b> Born from 12/2/07 to 10/15/08 9:00-11:00 am Cary Horne TA - Eileen Young	<b>Non-Separating Toddlers</b> Born from 12/2/07 to 10/15/08 9:00-11:00am Nanette Brown TA- Eileen Young	<b>Infants</b> Born from 3/1/09 to 8/7/09 9:00-11:00 a.m, Barb Barber	<b>Older Babies</b> Born from 10/16/08 to 2/28/09 9:00-11:00 am Nanette Brown TA-Eileen Young
			<b>2nd Semester Only- New Babies</b> Born from 8/8/09 to 12/24/09 11:30-1:30 pm Nanette Brown TA-Eileen Young

## Classes for Parents Only

WEDNESDAY	THURSDAY
<b>P.E.K. (K-4th ) Parenting Elementary Kids)</b> 9:30-11:30 am Jan Roberts	<b>"Tweeners" (5th—8th grades)</b>  9:30-11:30 am Jan Roberts
<b>Wed. PT (9th-12th) (Parents of Teens)</b>  12:15-2:00 p.m. Jan Roberts	<b>P.T. (9th-12th) (Parents of Teens)</b>  12:15 –2:00 pm Jan Roberts
<b>PRE-K (Parents of Pre-Kindergarteners)</b> 9:15-11:15 am Cary Horne	